

2024 IMPACT REPORT



emotionally healthy
DISCIPLESHIP

OUR MISSION

**To revolutionize the Church
through emotional health
and a slowed-down
spirituality.**





Letter from Pete Scazzero

Founder of EHD

Thank you for your faithful prayers and commitment to this ministry throughout 2024!

It's been a year of profound transitions and new beginnings. As Geri and I have sought God's direction for this next phase of our lives, we've come to see that the mission of Emotionally Healthy Discipleship is not meant to end with us. Instead, the calling to transform church culture by multiplying deeply changed leaders and disciples remains vital to the future of the global church.

In a clear answer to prayer, God has provided two exceptional pastoral leaders to join the EHD ministry, shepherding this mission forward with renewed energy and vision. Together with the EHD Board, Geri and I are thrilled to see the ministry's purpose expanding for a new season of growth and impact!

Your prayers, attention, and support are what make this transition possible. Because of you, we can continue equipping church leaders to embrace emotionally healthy discipleship and guide their communities into transformative, lasting change.

I am deeply grateful for your partnership in this journey. As we look toward 2025 and beyond, my hope is that we will reach even more lives with this lifegiving discipleship paradigm, empowering leaders and churches to flourish in ways that only God can make possible!

Blessings,

Pete Scazzero

2024 HIGHLIGHTS



Pastors Transformed at the School of Emotionally Healthy Leadership



The School of Emotionally Healthy Leadership is a 16-week spiritual formation journey designed to transform pastors and leaders from the inside out. This pathway offers leaders a space for personal growth that deeply influences their teams and entire church communities. In 2024, we led nearly 500 pastors and leaders worldwide through this discipleship track, equipping them to cultivate a culture of emotional health and spiritual depth within their ministries.

The Emotionally Healthy Leader Podcast Reaches 10 Million Downloads



The Emotionally Healthy Leader podcast, hosted by Pete Scazzero, has become a trusted source of insight for church leaders around the world. With episodes released twice a month, the podcast has reached over 1.1 million downloads in 2024 alone, spanning 186 countries. Since its launch six years ago, it has surpassed 10 million downloads—marking a significant milestone in bringing emotionally healthy leadership to pastors worldwide.

Churches Embrace the EHD Course



Across the globe, churches are continuing to make disciples using the flagship EHD Course. Rather than settling for surface-level faith, these communities are growing deep roots with Jesus, building authentic relationships, and nurturing deeply transformed disciples. As of September 2024, more than 700 churches across North America offered the EHD Course, with access to free leader training and personalized coaching to support their journey.

2024 HIGHLIGHTS

Hispanic Church Leaders Champion EHD



In 2024, over 2,500 pastors from Spanish-speaking churches across Latin America, Central America, and North America participated in webinars led by Pete Scazzero. These sessions, centered on developing high-impact church leaders have fostered the growing community of churches leading the EHD Course. In 2025, our publishing partner, *Editorial Vida*, will release updated Spanish translations of EHD Course Parts 1 and 2, now with streaming videos, to support this flourishing movement.

Couples Transform in the Intensive Leadership Cohort



In January 2024, 17 pastoral leaders from around the world joined Pete and Geri Scazzero in the second intensive leadership cohort, an 18-month journey shaped by the core values of Emotionally Healthy Discipleship.

Through four in-person modules, these couples explore themes such as Leading from Within, Leading out of Your Marriage, Leading from the Crucible of Differentiation and Discernment, and Leading as a Spiritual Father and Mother. With three modules completed, these leaders are preparing to serve their ministries in 2025 as healthier, more grounded leaders.

STORIES of IMPACT

“

“EHD helped us tremendously with pastoring our young church plant and caring for our marriage.”



“EHD has transformed my walk with Jesus. We are finally finding honesty and able to live authentic lives of love - loving God more fully and loving others genuinely. We are so grateful for the work God has done.”

“I have gratefully received training from EHD for many years...thanks for the life-transforming wisdom you provide.”



“It has radically shifted my discipleship walk with Jesus.”



“The principles and the practicality of Emotionally Healthy Discipleship have profoundly impacted my life personally and pastorally. As a result of modeling and teaching these principles to our church family, our congregation is growing to a level of relationship with God deeper than anything I have witnessed in over twenty-two years of ministry here. Relationships are healthier and more vibrant.”

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OUR VISION FOR 2025



Launch a Powerful & Robust EHD App

As EHD seeks to build infrastructure to support the global movement, we are currently developing an all-new EHD App through Mighty Networks. This free app will help our global network build community, access resources, and explore new courses.



Continue to Develop a Youth Division

Today's youth are facing a mental health crisis, with soaring rates of anxiety and depression. EHD is creating a transformative curriculum for young people, guiding them to find peace and purpose through Jesus. But we aim to bring this project to completion, so we can equip the next generation to live with resilience, hope, and wholeness.



Strengthen Pastors, Transform Communities

Pastors are at a breaking point, with many considering leaving ministry due to emotional strain. EHD is responding with the School of Emotionally Healthy Leadership (SEHL), now serving nearly 500 leaders a year. We aim to expand to 20 schools to serve 2,000 leaders, helping pastors stay grounded, healthy, and able to serve their communities long-term.

OUR VISION FOR 2025



Continue the Legacy of Pete & Geri Scazzero

Pete and Geri Scazzero's message of slowed-down spirituality and emotional health has sparked a global movement. As we transition this vision to an international scale, we aim to develop an EHD Culture Course for churches everywhere. This course will embed emotional health into church cultures worldwide, ensuring this life-giving approach endures for generations.



Imagine a New Leadership Scorecard for Success

While Pete and Geri Scazzero will transition out of the primary leadership role of the organization, Pete will continue writing books to resource the next generation of leaders. His next book will be called "Emotionally Healthy Success" and help leaders develop a new scorecard for life and ministry.



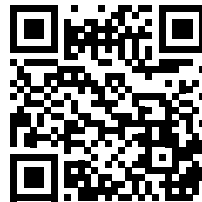
Together, we can make a difference.

As we look back on this year, we are filled with gratitude for all God has done through the work of EHD —from equipping leaders globally with tools for lasting spiritual change to empowering churches to cultivate an emotionally healthy culture.

This mission, however, is far from finished. With your continued partnership, we can expand this life-giving work to even more leaders and churches worldwide. We invite you to support this vision by giving financially, helping us to deepen the impact of Emotionally Healthy Discipleship in 2025 and beyond!

GIVE NOW

emotionallyhealthy.org/give



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